HOW TO RID A BEDROOM OF MONSTERS

1 Turn on the lights.

Show your child that there are no monsters in the room.

2 Explain that you are making sure there will be no monsters in the future.

3 Spray infested areas with water.

Monsters are afraid of water. Fill a spray bottle with water and lightly mist problem areas, including under the bed, around the door, and in the closet.

4 Place sentries outside of closets and by windows.

Monsters will avoid friendly-looking stuffed animals, dolls, clowns, and puppets. Assemble a battalion of these around all likely points of entry.

5 Use the color green.

Many monsters are afraid of the color green. Use a green night light or or encourage your child to wear pajamas with some green on them. A bandage, washable tattoo, nail polish, or a sticker with the color green are also effective.

Be Aware

If you encounter monsters, kill them with kindness. Hugs are particularly lethal, as are compliments.

